



Marble Mountain Ski Trip Information Package

March 7, 2019

On March 14th-15th, the *grade 7-9 students* will be traveling to *Corner Brook* for two days of skiing at the *Marble Mountain Ski Resort*. We have made this trip for the past 14 years and our students still look forward to the adventures on the hill. This is an exciting and fun opportunity to experience a great winter physical activity. We are looking forward to another fun-filled trip.

Information regarding the details of the trip are attached. Please read the pages carefully. You will need to **sign and return** some of the **forms**.

Some students may still be collecting recyclables to put towards the outstanding balance. **All recyclables must be received by Botwood Recycling by Wednesday, February 6th** in order to be included for the ski trip. **Make sure that you indicate that your recyclables are intended for Hillview Academy, Norris Arm (Student Name) and send in your deposit receipt to the school.**

It is also important that any **outstanding balance** be submitted by **February 8th**. Your outstanding balance is noted below (current to Dec.31st).

If you have any questions about the trip, please call the school.

The ski trip will cost **\$185/student (meals extra)**; this includes transportation, hotel accommodations, and two days of skiing. Students have had opportunity to contribute to their individual cost through fundraising events. Fundraising opportunities have included two vegetable sales and an ongoing recycling campaign.

Child's Name: _____

Balance Outstanding: \$ _____

(This balance does not include any recycling deposits made after Dec. 31; please bring all recycling deposit receipts to the school.)

Fundraising Requirement

How do I raise the money needed to go?

We recognize that coming up with money for trips can be challenging. In light of this, we have typically provided two options for students to raise the required \$185 without dipping into your own pockets.

1. Vegetable fundraisers:

We provide two seasonal Vegetable Fundraisers; one at Thanksgiving and one at Christmas. Students are provided order forms for bags of vegetables. Each bag of vegetables they sell will earn \$5.00 toward their required balance.

2. Recycling Donations:

Students can donate recyclables to the school. Recyclables must be donated to Hillview Academy through the Botwood Recycling Depot. **Make sure to indicate that donations are intended for Hillview Academy. Please send in your deposit receipt to the school for verification.**

To arrange for a pick-up, you can contact Botwood Recycling at 257-4599.

When donations are made through the school, the value of the donation doubles (i.e. \$0.05 becomes \$0.10). Please be reminded though, that we cannot make any refunds on recycling donations!

3. Personal Contribution

Money can be contributed by personal donation (cash or cheque). A personal contribution is considered a “donation” to the school; as such, there cannot be any expectation of reimbursement.

Please monitor closely how much money your child has raised. If you “over-contribute”, we cannot reimburse any money raised through fundraisers, recycling deposits, or donations. Excess funds will be held in a student account for next year’s trip; or, in the case of a student leaving Hillview, the funds will be reallocated to Hillview’s general fundraising account.

Please understand that individual student costs are increased considerably when a student arbitrarily “changes their mind” on trip participation; this would place an unfair, unexpected cost increase for other students. If a student needs to withdraw from the trip due to exceptional circumstances, please contact Mr. Wheeler at the school to discuss your situation.



Marble Mountain Ski Trip

Here is some important information about our Grade 7-9 Ski Trip planned for **Mar. 14-15th**. Please take note of the following:

Leaving/Returning Time:

- The bus will be leaving the school parking lot at **5:30am** on Thursday (Mar. 14).
- The bus will return to the school parking lot on Friday evening at about **8:30pm** (Mar. 15).
- Parents are responsible for dropping off and picking up their children at the school parking lot.

Money – Meals and Personal Spending:

- Allow for 5 meals. Depending on the things your child orders, meals should cost about \$50-80.
- **Snacks are very expensive to buy at the Ski Lodge** – packing your own take-along snacks would save a lot of money.
- There may be some time for browsing the local shopping centre in Corner Brook (optional).
- Please make sure to have a secure way to store money (i.e. wallet, purse, zippered pockets, etc...). The school is not responsible for lost or stolen items.

Emergency Contact

- During the day, we will be located at the **Marble Mountain Ski Resort (709 637 7616)**
- We will be staying at **The Comfort Inn** on Thursday night (**709 639 1980**)

Things to Bring

- No need to bring towels or sleeping bags.
- Bring personal hygiene items.
- Clothing – please limit clothing to only necessary items for a comfortable time while skiing. Space is limited on the bus and in the hotel, so students will be restricted to ONE piece of luggage and ONE backpack. Here are some suggestions for the ski hill:
 - Layered clothing works best; layers can more easily be removed or added during weather changes that can occur.
 - Ski pants and jacket, ski-doo pants and jacket, or a nylon shell with a warm liner. Long underwear, or fleece pants, will increase comfort in the mornings and late afternoon when the heat from the sun is not on the slopes.
 - Wool/fleece sweater are good clothing layers.
 - Head wear and gloves/mitts with a wind-proof shell are very important. A balaclava or neck warmer is highly recommended.
 - Goggles or sunglasses, sunscreen (SPF 15 or greater), and lip balm are recommended.
 - Extra clothing items (i.e. socks, mitts) for exchange in case these items become wet.
 - A bag or knapsack suitable for storage of extra items, and lunch.
- Be very cautious when bringing expensive items (i.e. jewelry, cameras, phones, etc.). These items can be easily lost or stolen if the owner is not careful. These items can be easily broken on the ski hill as well. If they are not necessary – don't bring it! Remember that neither Marble Mountain nor the school is responsible for these items.

Student Conduct and Participation

- This trip is a school event and ALL school expectations of conduct and discipline apply. In the unlikely event that a misconduct issue arises, the student(s) may lose skiing privileges (without refund) and face disciplinary action upon return to the school.
- Please read the attached Alpine Responsibility Code.
- **It is expected that everyone will ski.** Sitting around in the ski lodge is not the intent of the trip. If a child does not put in a satisfactory effort, then he/she will not be permitted to participate in after-ski activities (such as visiting the mall).

Medical Concerns

- If your child has special medical needs, please contact the school to make the proper arrangements. **No prescription medication is permitted to be taken without prior approval from the school.** If your child has a prescription medication, please contact the school prior to the trip departure to arrange for proper administration procedures. Over-the-counter medicines (i.e. Tylenol, Gravol, etc.) will not be administered by the chaperones without parental consent.
- Pack your child's MCP card in his/her wallet.
- Please write an emergency contact phone number on the permission slip.

ITINERARY (times are approximate)

- Thursday
 - 5:30am Bus departs Hillview Academy
 - 9:00am Arrive at Marble Mountain resort
 - 5:30pm Stop at shopping center
 - 8:00pm Check in at hotel
 - 10:30pm Lights out!
- Friday
 - 7:00am Bus leaves hotel
 - 7:10am Breakfast at McD's
 - 8:20am Arrive at Marble Mountain resort
 - 5:00pm Bus leaves Marble Mountain
 - 8:30pm Bus arrives at Hillview Academy

CONSENT FORMS

- **Two CONSENT FORMS are attached.**
- **It is very important that these forms are returned as soon as possible.**
- **NO CONSENT FORM = NO TRIP**

Thanks for your cooperation.

We are looking forward to a great time on the slopes!

Parent Information for Student Participation in Marble Mountain Ski Trip

Please read carefully before signing.

Hillview Academy is planning an Alpine Skiing trip that will require students to travel outside of regular school hours. We are requesting your consent for your child to participate in this field trip.

The details are as follows:

Date of Field Trip:	Mar 14-15, 2019
Start time:	Thursday, Mar 14, 5:30am Departure
Drop off location for your child	Hillview Academy parking lot
Pick up location for your child	Hillview Academy parking lot
Lead Teachers:	Mr. P. Wheeler; Mr. W. West
Number of Students on Trip:	26
Number of Adults Supervising:	3
Estimated Cost	\$185 + personal spending money
Estimated Return Time	Approx. 8:30pm on Friday, Mar 15
Transportation Details	Travel by school bus. Students are not permitted to have non-reclosable beverage containers (i.e. drink cans, coffee cups) on the bus.
Accommodations Details	Overnight at the <i>Comfort Inn</i> in Corner Brook (709 639-1980).
Activities description	Skiing all day 9:00-4:00 on Thursday and Friday. Evening time on Thursday at the Corner Brook Plaza (5:30-8:00).
Dress/Equipment Required	Dress appropriately for outdoor winter skiing.
Other Notes	Energy drinks (i.e. Red Bull, Monster, Kickstart, etc.) are not permitted.

Element of Risk

Alpine skiing is an enjoyable sport that enhances the Physical Education curriculum for students. However, it is also a sport with physical demands and inherent risks. Accidents and injuries may occur when students are participating in this activity. These accidents result from the nature of the activity and can occur without any fault on either the part of the student, the NLESD or its employees or agencies, or the facility where the event is taking place. **By consenting to your child's participation in this activity, you are assuming the risk of an accident occurring.**

Student Behaviour and Discipline

- **Student discipline and other school policies and procedures apply to school-sponsored field trips. Students are expected to abide by all of the rules of the ski club and to follow directions and instructions from the ski club staff. Students are also expected to abide by our school rules, to be considerate of others and to follow the instructions and directions of the teachers/parent chaperones.**
- **Students are expected to abide by the School Sport Code of Conduct and the Alpine Responsibility Code.**
- **Disciplinary action will be taken with any student who does not comply with rules and restrictions on school-sponsored field trips**
- **Any use of alcohol and illegal drugs will not be tolerated.**
- **Any student who behaves in a manner that is considered by the lead teacher to be a threat to safety, order and discipline may be removed from the ski hill.**

Travel Arrangements

Please note that we try to follow the travel schedule as outlined as closely as possible. However, from time to time unforeseen circumstances (i.e. inclement weather) may prevent us from travelling when planned. **In the event that weather prevents travel, the cost of extra meals and/or an extra night's accommodations, will be the responsibility of the parent/guardian.**

Emergencies

From time to time, emergencies can arise. **PLEASE ENSURE THAT:**

- **We have an emergency contact number for you/other designated person**
- **Your child carries their MCP Card with him/her**
- **Your child carries enough medication for the planned trip and an emergency, if he/she has a life-threatening allergy or illness that requires medication (i.e. epi-pen; insulin).**

Parent Consent Form for Student Participation in Marble Mountain Skiing Trip

I, being the parent/guardian of the student named below, have read the information provided with this form and agree with the terms and conditions as outlined for the Marble Mountain Skiing trip.

- My child will be participating in the Marble Mountain field trip. I understand the expectations regarding participation and fundraising. I understand that ALL money given to the school for the trip is non-refundable in the event that my child decides to withdraw from the trip.
- I acknowledge that activities such as skiing and snowboarding may present various elements of risk. While care is taken to ensure that reasonable safety measures have been implemented, incidents related to such activities may occur and cause injury through no fault of the school or the facility where activities are being held. I acknowledge that I am responsible to assume these risks.
- I consent to my child participating in the field trip, including the transportation and supervision arrangements as described and the terms and conditions outlined.
- I authorize the school to obtain routine or emergency diagnostic procedures and/or emergency medical treatment for my child as may be deemed medically necessary.

STUDENT NAME:

Signature:

(PLEASE PRINT)

NAME OF PARENT/GUARDIAN:

Signature:

(PLEASE PRINT)

DATE: _____

Child's MCP#: _____

EMERGENCY CONTACT PHONE#: _____

ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE, REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

- 1 Always stay in control. You must be able to stop or avoid other people or objects.*
- 2 People ahead of you have the right-of-way. It is your responsibility to avoid them.*
- 3 Do not stop where you obstruct a trail or are not visible from above.*
- 4 Before starting downhill or merging onto a trail, look uphill and yield to others.*
- 5 If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.*
- 6 Always use proper devices to prevent runaway equipment.*
- 7 Observe and obey all posted signs and warnings.*
- 8 Keep off closed trails and closed areas.*
- 9 You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.*
- 10 You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.*

**Know the Code - Be Safety Conscious
It Is Your Responsibility**

Marble Mountain Consent Form

NOTE TO PARENTS AND STUDENTS - PLEASE READ CAREFULLY

Hillview Academy is arranging a trip for students to Marble Mountain Ski Resort.

This form must be completed and signed and is required for all students who wish to participate in this outdoor recreation and ski-snowboard education program.

In this agreement, the term "skiing" shall include "snowboarding" and "telemarking" and "we" shall refer to "the participating student and his/her parent(s)".

ASSUMPTION OF RISK

We are aware that skiing involves many risks, dangers and hazards and we assume all risk of personal injury, death or property loss resulting from any cause whatsoever including but not limited to the inherent risks of skiing, the use of ski lifts, collision with natural or man-made objects or other skiers, travel within or beyond the area boundaries, or negligence, breach of contract, or breach of statutory duty of care on the part of Marble Mountain Development Corporation and its staff. We agree that Marble Mountain Development and its employees and agents shall not be liable for any such personal injury, death or property loss and release Marble Mountain Development Corporation and its employees and agents and waive all claims with respect thereto.

Participant's Initials _____



Parent's Initials _____



EQUIPMENT

Marble Mountain Development Corporation provides rental equipment. Bindings on equipment reduce the risk of injury when falling. They will not release under all circumstances and they do not guarantee safety at all times.

ALPINE RESPONSIBILITY CODE

Marble Mountain Development Corporation requires that you know and obey the ALPINE RESPONSIBILITY CODE. Skiers must always SKI UNDER CONTROL AND BE ABLE TO STOP TO AVOID COLLISION WITH OTHER SKIERS OR OBJECTS.

ALPINE PACKAGE

Please select a package A B C



Participants Name _____

Boot Size _____ Weight _____ Height _____

ACKNOWLEDGMENT

My participating child and I understand these warnings and we have identified my child's ski/snowboard ability as: (See chart on next page to determine Ability Level)

SKI LEVEL

Level _____



~~SNOWBOARD LEVEL~~

Level _____

PERMISSION: I give my child _____ permission to participate in Marble Mountain's School Program to be held at Marble Mountain Ski Resort.

Dated: _____



Signature of Student: _____



Signature of Parent/Guardian: _____



To be completed in duplicate: 1 copy for school file, 1 copy for Marble Mountain Development Corporation

WHAT'S YOUR ABILITY LEVEL?

<i>Skier Ability Level</i>	<i>Snowboard Ability Level</i>
 <p>Level 1 - First Time Skier Never skied before or not yet able to stop with confidence on a gentle slope.</p>	 <p>Level 1 - First Time Rider Never snowboarded before, or requires hand assistance to stop safely.</p>
 <p>Level 2 - Novice Skier Turning with control on gentle slopes. Usually rides magic carpet. May progress to chairlifts and other green runs.</p>	 <p>Level 2 - Novice Rider Able to stop safely, mobile on toe-side and heel side edges. (Side slipping, pendulum/falling leaf skills). Using magic carpets</p>
 <p>Level 3 - Comfortable Novice Skier Can link strong snowplow turns or wide stance parallel on green runs. Occasionally skies a blue run, but cautiously. Rides chairlifts.</p>	 <p>Level 3 - Comfortable Novice Rider Can complete heel side and toe side turns on gentle green terrain. Learning to link turns. Using magic carpets and may progress to chairlift.</p>
 <p>Level 4 - Intermediate Skier Able to ski parallel turns with pole plant. Can ski most blue runs, but more advanced blues remain a challenge. Would like to explore more varied terrain.</p>	 <p>Level 4 - Intermediate Rider Can link turns and control speed on green runs outside of the learning area. Learning to turn with confidence on all green runs and easier blue runs. Can use all chairlifts.</p>
 <p>Level 5 - Advance Skier Able to ski strong parallel turns with a pole plant on all blue runs and easy black runs. Learning short turns, off piste, moguls, powder and more difficult terrain.</p>	 <p>Level 5 - Advance Rider Can link turns on blue runs. Learning short turns, carving, off-piste terrain and powder. Can do basic freestyle and interested in learning to ride Terrain Park.</p>
 <p>Level 6 - Expert Skier Enjoy the challenge of skiing in control in all conditions and terrain and want to refine those skills.</p>	 <p>Level 6 - Expert Rider Can snowboard in control on black runs and comfortable riding in the terrain park. Learning steeps, trees, drops, off piste, and improving freestyle skills in Terrain Park.</p>

ALPINE RESPONSIBILITY CODE

There are elements of risk that common sense and personal awareness can help reduce. Regardless of how you decide to use the slopes, always show courtesy to others. Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

1. Always stay in control. You must be able to stop or avoid other people or objects
2. People ahead of you have the right-of-way. It's your responsibility to avoid them.
3. Do not stop where you obstruct a trail or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others
5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to Ski Patrol.
6. Always use proper devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and closed areas.
9. You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.
10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

KNOW THE CODE - BE SAFETY CONSCIOUS
IT IS YOUR RESPONSIBILITY
HELMETS MUST BE WORN WHENEVER SKIING\SNOWBOARDING
 (THE HELMETS ARE PROVIDED AS PART OF RENTALS)